



What's On

Foundations for your future success
Jan/Feb 2026



WHY CHOSE VMR TRAINING

We believe that providing the highest quality training is another way of building for the future, as we want to lay the foundations for a world where every construction worker is truly a master of their trade and can provide work to a higher quality but in a safer manner.

SSSTS/SMSTS

Upcoming Course Dates:

SSSTS Refresher 1 Day Course-
26th Jan

SMSTS Refresher 2 Day Course-
19th & 20th Feb

STREETWORKS

Upcoming Course Dates:

2 Day Refresher Street Works- 21st
Jan to 22nd Jan

5 Day Street Works - 9th Feb to 13th
Feb

2 Day Refresher Street Works- 16th
to 17th Feb

5 Day Street Works- 23rd to 27th Feb

PLANT & MACHINERY

Upcoming Course Dates:

NPORS Novice Dumper- 2nd Feb
to 4th Feb

10 Day NPORS 360* Excavator
16th to 27th Feb (exc weekends)

NPORS Novice Lifting Ops 9th to
10th Feb

FIRST AID & SAFETY

Upcoming Course Dates:

Emergency First Aid at Work-
17th Feb

Health & Safety Awareness- 6th
Feb

Website: www.vmrtraining.co.uk

Whatsapp: 07738858357 (text only)