



# What's On

## Foundations for your future success

### Jan/Feb 2026



#### WHY CHOSE VMR TRAINING

We believe that providing the highest quality training is another way of building for the future, as we want to lay the foundations for a world where every construction worker is truly a master of their trade and can provide work to a higher quality but in a safer manner.

#### SSSTS/SMSTS

##### Upcoming Course Dates:

SSSTS Refresher 1 Day Course-  
26<sup>th</sup> Jan

SMSTS Refresher 2 Day Course-  
19<sup>th</sup> & 20<sup>th</sup> Feb

#### STREETWORKS

##### Upcoming Course Dates:

2 Day Refresher Street Works- 21<sup>st</sup> Jan to 22<sup>nd</sup> Jan

5 Day Street Works - 9<sup>th</sup> Feb to 13<sup>th</sup> Feb

2 Day Refresher Street Works- 16<sup>th</sup> to 17<sup>th</sup> Feb

5 Day Street Works- 23<sup>rd</sup> to 27<sup>th</sup> Feb

#### PLANT & MACHINERY

##### Upcoming Course Dates:

NPORS Novice Dumper- 2<sup>nd</sup> Feb to 4<sup>th</sup> Feb

10 Day NPORS 360\* Excavator 16<sup>th</sup> to 27<sup>th</sup> Feb (exc weekends)

NPORS Novice Lifting Ops 9<sup>th</sup> to 10<sup>th</sup> Feb

#### FIRST AID & SAFETY

##### Upcoming Course Dates:

Emergency First Aid at Work-  
17<sup>th</sup> Feb

Health & Safety Awareness- 6<sup>th</sup> Feb